

## SALADS

WE USE FRESH HAND-CUT LETTUICES

- ① **WALNUT GORGONZOLA** *w/candied walnuts, grape tomatoes, red onions, sun-dried tomatoes, croutons & balsamic vinaigrette* **9.99**
- ASIAN CHICKEN** *w/cabbage, romaine lettuce, walnut noodle crunchies, carrots, all-natural chicken, tossed in peanut honey-lime dressing* **10.99**
- ① **CRUNCHY BROCCOLI** *w/broccoli florets, romaine lettuce, walnut noodle crunchies & grape tomatoes, tossed in sweet red wine vinaigrette* **9.99**
- ① **GOAT CHEESE** *w/mandarin oranges, red onions, candied walnuts, dried cranberries & shallot vinaigrette* **9.99**
- CAESAR W/CHICKEN** *w/romaine, freshly made croutons & caesar dressing* **10.79**
- ① **FETA MEDITERRANEAN** *w/artichokes, greek olives, red onions, grape tomatoes, croutons & balsamic vinaigrette* **9.99**
- CRISPY CHICKEN** *w/aged cheddar, red onions, grape tomatoes, julienne carrots, croutons & choice of dressing* **11.99**
- ① **SUNFLOWER KALE** *w/walnuts, sunflower seeds, dried cranberries, julienne carrots, red onions, napa cabbage, croutons & served w/golden nutritional yeast dressing* **9.99**
- GARDEN W/CHICKEN** *w/mixed greens, red onions, grape tomatoes, all-natural chicken, carrots, broccoli & croutons, served w/choice of dressing* **10.99**
- GRILLED VEGGIE W/COUSCOUS** *w/mixed greens, grilled zucchini, squash, red onions, grape tomatoes, calamata olives, roasted red peppers, & goat cheese tossed in balsamic vinaigrette* **10.99**

**DRESSINGS:** BLUE CHEESE, BUTTERMILK RANCH, CAESAR CREAMY HONEY DIJON, GOLDEN NUTRITIONAL YEAST PEANUT HONEY LIME, BALSAMIC VINAIGRETTE, SHALLOT VINAIGRETTE, SWEET RED WINE VINAIGRETTE, GOLDEN VINAIGRETTE, FAT FREE RANCH

**ADD CHICKEN** *grilled or cajun* **4.79** \* **BEEF PATTY** *grilled* **4.59**  
**SALMON** *grilled or cajun* **7.99** **SHRIMP** *cajun* **7.99**

## SOUPS

- SOUP OF THE DAY** CUP **4.79** BOWL **5.99**
- TOMATO BISQUE** CUP **4.79** BOWL **5.99**  
*w/asiago croutons (w/bacon & cream)*
- CREAMY FRENCH ONION** CROCK **6.49**  
*w/melted swiss & croutons*

## WRAPS

TORTILLA WRAPS SERVED W/CUP OF SOUP

- ASIAN CHICKEN WRAP** *w/peanut honey lime* **9.99**
- CHICKEN CAESAR WRAP** **9.99**
- MEDITERRANEAN WRAP** *w/chicken* **9.99**

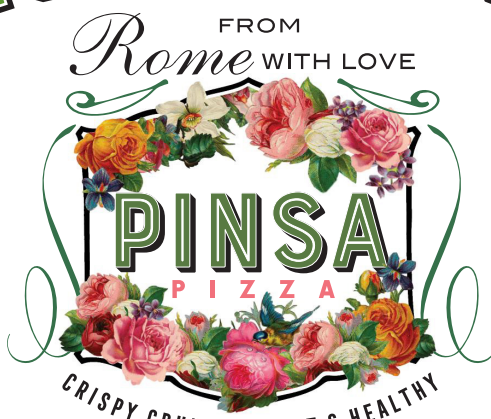
## KIDDOS ONLY

10 AND UNDER. INCLUDES DRINK

- ① **MAC N' CHEESE** **4.49**
- CHEESEBURGER** **5.69**
- CHICKEN TENDERS** 2 PIECE **6.49**
- PIZZA** 1 topping | a la carte **5.49**

## SHAKES • TREATS

- CHOCOLATE, VANILLA** or **STRAWBERRY** **5.49**
- OREO & SPECIALTY** **5.99**
- DESSERTS OF THE DAY!** *ask at the counter*



- |  |                       |                          |
|--|-----------------------|--------------------------|
|  | 7" x 8"<br>(serves 1) | 8" x 13"<br>(serves 2-3) |
| <b>SWEET MAX</b> <i>prosciutto, fontina &amp; black pepper drizzled w/honey</i>  | <b>12.99</b>          | <b>17.69</b>             |
| ① <b>MUSHROOM FONTINA</b> <i>thyme, truffle balsamic glaze &amp; cracked black pepper</i>  | <b>12.99</b>          | <b>17.69</b>             |
| <b>THREE LITTLE PIGS</b> <i>fennel sausage, artisan pepperoni, prosciutto, mozzarella &amp; tomato sauce</i> 🐷 🐷 🐷   | <b>12.99</b>          | <b>17.69</b>             |
| ① <b>MARGHERITA</b> <i>fresh mozzarella, mutti tomato sauce &amp; fresh basil leaves</i>   | <b>11.99</b>          | <b>16.69</b>             |
| ① <b>ISABELLA'S WHITE</b> <i>creamy goat, fontina mozzarella, black pepper, topped w/arugula tossed in lemon &amp; extra virgin olive oil</i>              | <b>12.99</b>          | <b>17.69</b>             |
| ① <b>OLIVIA'S EDEN</b> <i>feta, greek olives, artichokes, mozzarella &amp; tomato sauce, topped w/arugula tossed in lemon &amp; extra virgin olive oil</i> | <b>13.69</b>          | <b>18.69</b>             |

- ① **TOP ANY PINSAs W/ FRESH ARUGULA** **2.49** **3.99**  
*tossed in lemon & extra virgin olive oil*

## DREAM UP YOUR OWN PINSAs OR PIZZA

- |                                  |                |                                     |                |
|----------------------------------|----------------|-------------------------------------|----------------|
| <b>7" x 8" PINSAs</b> (serves 1) | <b>9.69</b>    | <b>8" x 13" PINSAs</b> (serves 2-3) | <b>14.19</b>   |
| EA. TOPPING .99                  | SPECIALTY 1.99 | EA. TOPPING 1.59                    | SPECIALTY 2.99 |
| <b>8" PIZZA</b>                  | <b>7.49</b>    | <b>14" PIZZA</b>                    | <b>14.99</b>   |
| EA. TOPPING .99                  | SPECIALTY 1.99 | EA. TOPPING 2.09                    | SPECIALTY 3.19 |
| <b>12" PIZZA</b>                 | <b>12.79</b>   | <b>GF 10" CAULIFLOWER</b>           | <b>10.29</b>   |
| EA. TOPPING 1.59                 | SPECIALTY 2.99 | EA. TOPPING .99                     | SPECIALTY 1.99 |

**TOPPINGS:** APPLEWOOD SMOKED BACON, ARTICHOKE, ARTISANAL PEPPERONI, \*BEEF, BLACK OLIVE, BLEU, BROCCOLI, CHICKEN, FENNEL SAUSAGE, ROMA TOMATO, GREEK OLIVE, GREEN PEPPER, GRILLED ONION, JALAPEÑO, MOZZARELLA, MUSHROOM, PORTABELLA MUSHROOM, RED ONION, ROASTED GARLIC, ROASTED RED PEPPER, SUN-DRIED TOMATO **SPECIALTY:** ASIAGO, FETA, FONTINA, FRESH MOZZARELLA, GOAT CHEESE, GORGONZOLA, PROSCIUTTO

## PIZZA

WITH FRESH MADE MUTTI TOMATO SAUCE

8" 10.99 | 12" 17.99 | 14" 20.49 | GF 10" CAULIFLOWER 12.79

- ① **FIVE CHEESE** *goat, bleu, feta, parmesan, mozzarella & tomato sauce*
- ① **FRESH MOZZARELLA** *w/tomato sauce & fresh basil*
- MEAT MARKET** *w/fennel sausage, artisanal pepperoni, applewood smoked bacon, ground beef & tomato sauce*
- FARMERS MARKET** *w/mushrooms, greek olives, green peppers, red onions, artichokes & tomato sauce*
- SPECIAL** *w/artisanal pepperoni, fennel sausage, red onions, green peppers, mushrooms & tomato sauce*
- BBQ CHICKEN** *w/roasted garlic, grilled onions, roma tomatoes, chipotle bbq sauce & basil pesto*
- ARTICHOKE & BACON** *w/greek olives, portabella mushrooms, roasted garlic, roma tomatoes & basil pesto*
- FENNEL SAUSAGE & GOAT CHEESE** *w/sun-dried, roma tomatoes & basil pesto*
- SPICY CHICKEN CILANTRO** *w/sweet red peppers, grilled onions, jalapeños, roasted garlic, roma tomatoes & basil pesto*
- ① **PORTABELLA & BACON** *w/grilled onions, asiago cheese, roma tomatoes & basil pesto*
- MEDITERRANEAN** *w/feta, artichokes, greek olives, roma tomatoes & basil pesto*
- GRILLED VEGGIE** *w/zucchini, squash, red onions, portabella mushrooms, greek olives, roasted red peppers, tomatoes & basil pesto*
- CAPRESE** *w/mozzarella, fresh roma tomatoes & basil pesto*

## BURGERS

HAND-PATTIED, FRESH GROUND CHUCK

INCLUDES CHOICE OF SIDE

ROSEMARY POTATO CHIPS, BIG OL' STEAK FRIES, STEAMED BROCCOLI OR FRESH FRUIT. **SUBSTITUTE:** WARM BLEU CHEESE CHIPS, ONION RINGS OR SIDE GARDEN SALAD 1.99

- \* **GREAT AMERICAN CHEESEBURGER** **11.19**
  - \* **BACON CHEDDAR** *aged cheddar & smoked bacon* **12.99**
  - \* **BBQ BACON CHEDDAR** *aged cheddar, grilled onion, applewood smoked bacon & chipotle bbq sauce* **12.99**
  - \* **MUSHROOM SWISS** *swiss & sauteed mushrooms* **12.89**
  - \* **LOOP BURGER** **10.59** **W/CHEESE** **11.19**  
*the original cheddar, bleu or swiss*
  - ① **SPICY BLACK BEAN** *w/fat free ranch* **10.29**
- ADD BACON** 1.79 \***DOUBLE BEEF** 4.59  
**MUSHROOMS** 1.69 **DOUBLE CHEESE** .69

## SANDWICHES

FRESHLY MADE AND ALL NATURAL

INCLUDES CHOICE OF SIDE

ROSEMARY POTATO CHIPS, BIG OL' STEAK FRIES, STEAMED BROCCOLI OR FRESH FRUIT. **SUBSTITUTE:** WARM BLEU CHEESE CHIPS, ONION RINGS OR SIDE GARDEN SALAD 1.99

- GRILLED CHICKEN & JACK** **11.19**  
*or choice of cheddar, bleu or swiss*
  - BBQ BACON CHICKEN & CHEDDAR** **13.79**  
*w/grilled onions, smoked bacon & chipotle bbq sauce*
  - SPICY CAJUN CHICKEN & JACK** **11.79**  
*w/creamy honey dijon*
  - PESTO CHICKEN CIABATTA** *oven baked* **11.99**  
*w/basil pesto, marinara, mozzarella & asiago cheese*
  - GRILLED SALMON** **13.49**  
*w/lemon dill mayo or cajun w/honey dijon*
  - ① **VEGGIE MELT CIABATTA** *oven baked w/squash* **10.99**  
*portabella, zucchini, roasted peppers, greek olives, red onions, melted mozzarella & goat cheese*
  - ① **PORTABELLA MUSHROOM MELT** **10.99**  
*w/grilled onions, jack cheese & roasted garlic mayo*
- ADD BACON** 1.79 **MUSHROOMS** 1.69 **DOUBLE CHEESE** .69

## PASTA

- BOWTIE SHRIMP** *sauteed shrimp in a tomato cream sauce w/asiago cheese* **12.29**
- GRILLED VEGGIE BOWTIE** *grilled zucchini, squash, roasted red peppers, red onions, broccoli & asiago cheese tossed in a tomato cream sauce* **10.29**
- CAJUN CHICKEN ALFREDO** *strips of grilled chicken breast, broccoli florets & pasta in a creamy cajun alfredo sauce* **11.29**

## SIDES • SHARED

- WARM BLEU CHEESE CHIPS** **4.99**
- CRUNCHY ONION RINGS** **7.59**
- FRESHMADE ROSEMARY POTATO CHIPS** **2.99**
- BIG OL' STEAK FRIES** **4.29**
- CHICKEN TENDERS** 3 PIECE **9.29** 5 PIECE **11.99**
- SMALL GARDEN** or **CAESAR SALAD** **4.59**
- STEAMED BROCCOLI** **2.99**
- FRESH FRUIT** **3.99**

① = VEGETARIAN | GF = GLUTEN FREE