

THE LOOP

The Loop Gluten Free Menu

All items not containing any of "Wheat" as allergens.

This menu and the information on it are provided by The Loop, in cooperation with Nutritional Information Services (NIS), as a service to our customers. Guests are encouraged to consider the information provided, to their own satisfaction, in light of their individual needs and requirements. The allergen profile listed for our menu items is specific for the standard recipe for each item. Because The Loop does not use dedicated prep methods, cross contamination may occur.

Salads

Caesar Salad with Chicken without Croutons

Caesar Salad without Croutons

Cajun Chicken Salad, without Croutons

Gorgonzola Walnut Salad, without Croutons

Greek Salad, without Croutons

House Salad with Chicken without Croutons

House Salad without Croutons

Walnut, Cranberry and Goat Cheese Salad

Salad Dressings

1000 Island

Balsamic Vinaigrette

Bleu Cheese

Caesar

Honey Dijon

Fat Free Honey Dijon

Light Italian

Lite Ranch

Lite Raspberry Vinaigrette

Ranch

Shallot Vinaigrette

Soups

Black Bean Soup

Chicken Enchilada Soup

Chili

Entrees

Cajun Chicken

Cajun Salmon

Cajun Tuna

Grilled Chicken

Salmon

Tuna

Side Items & Pizza Crust

Steamed Broccoli

Cauliflower Crust

Sandwiches (All of our meats are cooked on the same grill. We do not have a gluten free grill)

BBQ Grilled Chicken Sandwich, Without Bun
Cajun Chicken Wrap, Without Bun
Cajun Fish Wrap, Without Wrap
Cajun Grilled Chicken Sandwich, Without Bun
Cajun Grilled Fish Sandwich, Without Bun
Cajun Grilled Tuna Sandwich, Without Bun
Cheddar Bacon Burger, Without Bun
Chicken Caesar Wrap, Without Wrap
Chicken Salad Wrap, Without Wrap
Grilled Chicken Sandwich, Without Bun
Grilled Fish Sandwich, Without Bun
Grilled Teriyaki Chicken Sandwich, Without Bun
Grilled Tuna Sandwich, Without Bun
Loop Burger, Without Bun
Loop N Bleu Burger, Without Bun
Loop N Cheese Burger, Without Bun
Loop N Swiss Burger, Without Bun
Portobello Mushroom Sandwich, Without Bun
Sauteed Mushrooms
Bacon

Beverages

Coke
Diet Coke
Light Lemonade
Milk Shake, Chocolate
Milk Shake, Strawberry
Milk Shake, Vanilla
Pink Lemonade
Root Beer
Sprite

Condiments

A-1 Steak Sauce
Caesar Dressing
Cholula Hot Sauce
Dipping Sauce
Garlic Mayonnaise
Grey Poupon Mustard
Honey Dijon Sauce
Ketchup
Lemon Dill Mayonnaise
Louisiana Hot Sauce
Mayonnaise
Mustard
Ranch Dressing
Tartar Sauce