TOSSGRILLBAKESHAKELOOPLOVEYEAH

THE LOOP

FROM *Rome* WITH LOVE

PINSA PIZZA

CRISPY CRUNCHY LIGHT & HEALTHY

SALADS

WE USE FRESH HAND-CUT LETTUCES

Ⓥ **WALNUT GORGONZOLA** *w/candied walnuts, grape tomatoes, red onions, sun-dried tomatoes, croutons & balsamic vinaigrette* 9.99

ASIAN CHICKEN *w/cabbage, romaine lettuce, walnut noodle crunchies, carrots, all-natural chicken, tossed in peanut honey-lime dressing* 10.99

Ⓥ **CRUNCHY BROCCOLI** *w/broccoli florets, romaine lettuce, walnut noodle crunchies & grape tomatoes, tossed in sweet red wine vinaigrette* 9.99

Ⓥ **GOAT CHEESE** *w/mandarin oranges, red onions, candied walnuts, dried cranberries & shallot vinaigrette* 9.99

CAESAR W/CHICKEN *w/romaine, freshly made croutons & caesar dressing* 10.79

Ⓥ **FETA MEDITERRANEAN** *w/artichokes, greek olives, red onions, grape tomatoes, croutons & balsamic vinaigrette* 9.99

CRISPY CHICKEN *w/aged cheddar, red onions, grape tomatoes, julienne carrots, croutons & choice of dressing* 11.99

GARDEN W/CHICKEN *w/mixed greens, red onions, grape tomatoes, all-natural chicken, carrots, broccoli & croutons, served w/choice of dressing* 10.99

Ⓥ **SUNFLOWER KALE** *w/walnuts, sunflower seeds, dried cranberries, julienne carrots, red onions, napa cabbage, croutons & served w/golden nutritional yeast dressing* 9.99

DRESSINGS: BLUE CHEESE, BUTTERMILK RANCH, CAESAR CREAMY HONEY DIJON, GOLDEN NUTRITIONAL YEAST PEANUT HONEY LIME, BALSAMIC VINAIGRETTE, SHALLOT VINAIGRETTE, SWEET RED WINE VINAIGRETTE, GOLDEN VINAIGRETTE, FAT FREE RANCH

**EXTRA DRESSING: 25¢

ADD *BEEF PATTY *grilled* 4.59 | CHICKEN *grilled or cajun* 4.79
SALMON *grilled or cajun* 7.99 | WHITEFISH *grilled or cajun* 6.49
*AHI TUNA *grilled or cajun* 7.49

SOUPS

SOUP OF THE DAY CUP 4.79 BOWL 5.99

TOMATO BISQUE CUP 4.79 BOWL 5.99
w/asiago croutons (w/bacon & cream)

CREAMY FRENCH ONION CROCK 6.49
w/melted swiss & croutons

WRAPS

TORTILLA WRAPS SERVED W/CUP OF SOUP

ASIAN CHICKEN *w/peanut honey lime* 9.99

CHICKEN CAESAR 9.99

MEDITERRANEAN *w/chicken* 9.99

CAJUN *or* **CRISPY CHICKEN** 9.99

KIDDOS ONLY

10 AND UNDER. INCLUDES DRINK.

Ⓥ **MAC N' CHEESE** *choice of side* 4.49

CHEESEBURGER *choice of side* 5.69

CHICKEN TENDERS *choice of side* 2 PIECE 6.49

HOT DOG *choice of side* 5.99

GRILLED CHEESE *choice of side* 4.99

PIZZA *individual, thin crust w/choice of 1 topping* 5.49

SHAKES

HAND DIPPED AND SPUN

CHOCOLATE, VANILLA, STRAWBERRY 5.49

OREO, SPECIALTY 5.99

	7"x 8" (serves 1)	8"x 13" (serves 2-3)
SWEET MAX *prosciutto, fontina & black pepper drizzled w/honey*	12.99	17.69
Ⓥ **MUSHROOM FONTINA** *thyme, truffle balsamic glaze & cracked black pepper*	12.99	17.69
THREE LITTLE PIGS *fennel sausage, artisan pepperoni, prosciutto, mozzarella & tomato sauce*	12.99	17.69
Ⓥ **MARGHERITA** *fresh mozzarella, mutti tomato sauce & fresh basil leaves*	11.99	16.69
Ⓥ **ISABELLA'S WHITE** *creamy goat, fontina mozzarella, black pepper & topped w/arugula tossed in lemon & extra virgin olive oil*	12.99	17.69
Ⓥ **OLIVIA'S EDEN** *feta, artichokes, greek olives, mozzarella & tomato sauce & topped w/arugula tossed in extra virgin olive oil*	13.69	18.69

Ⓥ **TOP ANY PINSA W/ FRESH ARUGULA** *tossed in lemon & extra virgin olive oil* 2.49 | 3.99

DREAM UP YOUR OWN PINSA OR PIZZA

7"x 8" PINSA *(serves 1)* 9.69
EA. TOPPING .99 SPECIALTY 1.99

8"x13" PINSA *(serves 2-3)* 14.19
EA. TOPPING 1.59 SPECIALTY 2.99

8" PIZZA 7.49
EA. TOPPING .99 SPECIALTY 1.99

12" PIZZA 12.79
EA. TOPPING 1.59 SPECIALTY 2.99

GF **10" GLUTEN FREE** 9.99
EA. TOPPING .99 SPECIALTY 1.99

GF **10" CAULIFLOWER** 10.29
EA. TOPPING .99 SPECIALTY 1.99

TOPPINGS: APPLEWOOD SMOKED BACON, ARTICHOKE, ARTISANAL PEPPERONI, BEEF, BLACK OLIVE, BLEU, BROCCOLI, CHICKEN, FENNEL SAUSAGE, GRAPE TOMATO, GREEK OLIVE, GREEN PEPPER, GRILLED ONION, JALAPEÑO, MOZZARELLA, MUSHROOM, PORTABELLA MUSHROOM, RED ONION, ROASTED GARLIC, ROASTED RED PEPPER, SUN-DRIED TOMATO SPECIALTY: ASIAGO, FETA, FONTINA, FRESH MOZZARELLA, GOAT CHEESE, GORGONZOLA, PROSCIUTTO

PIZZA

WITH FRESH MADE MUTTI TOMATO SAUCE

8" 10.99 | 12" 17.99 | GF 10" CAULIFLOWER 12.79

Ⓥ **FIVE CHEESE** *goat, bleu, feta, parmesan, mozzarella & tomato sauce*

Ⓥ **FRESH MOZZARELLA** *w/tomato sauce & fresh basil*

MEAT MARKET *w/fennel sausage, artisanal pepperoni, applewood smoked bacon, ground beef & tomato sauce*

FARMERS MARKET *w/mushrooms, greek olives, green peppers, red onions, artichokes & tomato sauce*

SPECIAL *w/artisanal pepperoni, fennel sausage, red onions, green peppers, mushrooms & tomato sauce*

BBQ CHICKEN *w/roasted garlic, grilled onions, grape tomatoes, chipotle bbq sauce & basil pesto*

ARTICHOKE & BACON *w/greek olives, portabella mushrooms, roasted garlic, grape tomatoes & basil pesto*

FENNEL SAUSAGE & GOAT CHEESE *w/sun-dried, grape tomatoes & basil pesto*

SPICY CHICKEN CILANTRO *w/sweet red peppers, grilled onions, jalapeños, roasted garlic, grape tomatoes & basil pesto*

Ⓥ **PORTABELLA & BACON** *w/grilled onions, asiago cheese, grape tomatoes & basil pesto*

MEDITERRANEAN *w/feta, artichokes, greek olives, grape tomatoes & basil pesto*

GRILLED VEGGIE *w/zucchini, squash, red onions, portabella mushrooms, greek olives, roasted red peppers, tomatoes & basil pesto*

THE BRUSCHETTA *w/marinated roma tomatoes & basil pesto*

CAPRESE *mozzarella, fresh roma tomatoes & basil pesto*

BURGERS

HAND-PATTIED, FRESH GROUND CHUCK

INCLUDES CHOICE OF SIDE
ROSEMARY POTATO CHIPS, BIG OL' STEAK FRIES, STEAMED BROCCOLI OR FRESH FRUIT. SUBSTITUTE: WARM BLEU CHEESE CHIPS, ONION RINGS OR SIDE GARDEN SALAD 1.99

* **GREAT AMERICAN CHEESEBURGER** 11.19

* **BACON CHEDDAR** *aged cheddar & smoked bacon* 12.99

* **BBQ BACON CHEDDAR** *aged cheddar, grilled onion, applewood smoked bacon & chipotle bbq sauce* 12.99

* **MUSHROOM SWISS** *swiss & sauteed mushrooms* 12.89

* **SOUTHWEST** *w/pepper jack, jalapeños & avocado* 12.99

* **LOOP BURGER** *the original* 10.59 | **W/CHEESE** *cheddar, bleu or swiss* 11.19

Ⓥ **SPICY BLACK BEAN** *w/fat free ranch* 10.29

ADD BACON 1.79 | *DOUBLE BEEF 4.59
MUSHROOMS 1.69 | DOUBLE CHEESE .69

SANDWICHES

FRESHLY MADE AND ALL NATURAL

INCLUDES CHOICE OF SIDE
ROSEMARY POTATO CHIPS, BIG OL' STEAK FRIES, STEAMED BROCCOLI OR FRESH FRUIT. SUBSTITUTE: WARM BLEU CHEESE CHIPS, ONION RINGS OR SIDE GARDEN SALAD 1.99

GRILLED CHICKEN & JACK 11.19
or choice of cheddar, bleu or swiss

BBQ BACON CHICKEN & CHEDDAR 13.99
w/grilled onions, smoked bacon & chipotle bbq sauce

SPICY CAJUN CHICKEN & JACK 11.79
w/creamy honey dijon

SOUTHWEST CHICKEN 13.99
w/pepper jack, jalapeños & avocado

PESTO CHICKEN CIABATTA *oven baked* 11.99
w/basil pesto, marinara, mozzarella & asiago cheese

GRILLED SALMON 13.49
w/lemon dill mayo or cajun w/honey dijon

GRILLED WHITEFISH *lemon pepper or cajun* 11.99

Ⓥ **VEGGIE MELT CIABATTA** *oven baked w/squash portabella, zucchini, roasted peppers, greek olives, red onions, melted mozzarella & goat cheese* 10.99

Ⓥ **PORTABELLA MUSHROOM MELT** *w/grilled onions, jack cheese & roasted garlic mayo* 10.99

ADD BACON 1.79 MUSHROOMS 1.69 DOUBLE CHEESE .69

PASTA

BOWTIE SHRIMP *sauteed shrimp in a tomato cream sauce w/asiago cheese* 12.29

CAJUN CHICKEN ALFREDO *strips of grilled chicken breast, broccoli florets & pasta in a creamy cajun alfredo sauce* 11.29

SIDES • SHARED

WARM BLEU CHEESE CHIPS 4.99

CRUNCHY ONION RINGS 7.59

FRESHMADE ROSEMARY POTATO CHIPS 2.99

BIG OL' STEAK FRIES 4.29

CHICKEN TENDERS 3 PIECE 9.29 | 5 PIECE 11.99

SMALL GARDEN *or* **CAESAR SALAD** 4.59

STEAMED BROCCOLI 2.99

FRESH FRUIT 3.99

Ⓥ = VEGETARIAN | GF = GLUTEN FREE

* THESE ITEMS ARE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS. THE LOOP CANNOT ENSURE THAT ITEMS DO NOT CONTAIN INGREDIENTS TO WHICH GUESTS MAY HAVE AN ALLERGIC REACTION.

NC-WIN-SAL 7-2022